



**SUBSTANCE
AWARENESS CENTER**
Indian River County

Annual Report

Fiscal Year 2020-2021

October 1, 2020- - September 30, 2021

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SUBSTANCE AWARENESS CENTER

Indian River County



Standing here looking out into the ocean, the world stands still for a moment; there is peace and calm. But behind me in the neighborhoods that permeate both sides of the bridge, **1 in 7** people are struggling with an addiction, a disease of the brain. Substance use disorders develop as a result of structural changes to the brain and its function. Much like other diseases, substance use disorders are both preventable and treatable.

At the Substance Awareness Center, our mission is to reduce the impact of substance misuse and behavioral health disorders in Indian River County through prevention, education, treatment, and recovery support. In 2021, we were hard at work; Prevention Works! Recovery Works!

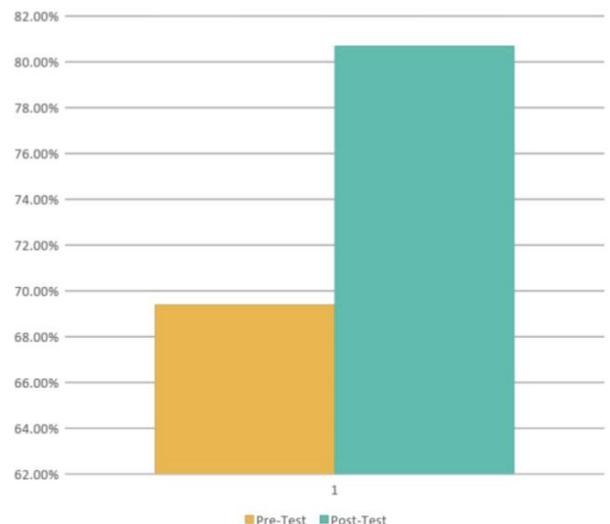
Here at SAC, we embrace two strategies; Prevention Works and Recovery Works. Our prevention works strategy includes these three programs: Universal School-Based Prevention, Indicated ReDirect Prevention, and Community Coalition, SAFIR.

Prevention Works! Universal School-Based Prevention



Research demonstrates that highly effective prevention programs exist and universal prevention is an important public health measure. For the past 20 years, The Substance Awareness Center has been delivering evidence-based prevention curricula to IRC students.

Students demonstrated significantly higher knowledge on post-test as compared to the pre-test





During the 2020–2021 school year, **5,489 students** received education and skills training through our Universal School-Based Prevention Program. These essential prevention programs provide our young people with the knowledge and tools they need to make decisions and navigate life’s challenges.

Prevention Works! Indicated Prevention – Re-Direct Program

Prevention Works!

Indicated Prevention Re-Direct Program



Alternative sanctions and evidence-based interventions are an effective way to address youth problem behaviors and are shown to reduce recidivism among juvenile offenders. The research is clear that skill-building is a key component of effective prevention programming. SAC served **187 youth** and their parents with evidence-based interventions through our Indicated Re-Direct office-based prevention program.

“Liz” was referred to SAC for a battery offense and her marijuana use. Teen Intervene, LifeSkills Training, drug testing, exercise class, and community service helped change Liz’s behavior. She stopped using marijuana and shared that community service changed her former belief that all law enforcement is bad. Her mother was pleased with the changes and Liz even shared that she will miss SAC.



90% of participants indicate: "I will use the skills learned and discussed in this class in the future."

87% of participants would refuse someone who is trying to get them to do something they don't want to do

86% of participants stated they would refuse if someone asked them to drink alcohol

Prevention Works!

Community Coalition - SAFIR

Prevention Works! Community Coalition - SAFIR



It takes a community! The SAFIR Coalition is a collaboration of people and organizations across our community working together to reduce youth substance use. We work closely with our school district.

In the 2020-2021 school year, **2,925 students** engaged in Chat N Chew, an interactive and educational session offered in the cafeteria to high school and middle school youth. Coalition members through community partnerships hosted **7 Friday Night Done Right events** and **60 youth participated**. Coalition partners worked to address vaping and **900 students pledged to be Vape Free**. We are growing tomorrow's leaders with **Youth Coalitions at three schools**.



SAFIR partnered with **4 Law Enforcement Agencies and 10 businesses** throughout IRC to collect **393 pounds** of unused or expired prescription drugs. In collaboration with the IRC Sheriff's Office, we acquired a trailer that will be utilized as an interactive experience for adults at a community event; they will learn to recognize signs of substance use and other risky behaviors in a teen bedroom.

Our media reach included **53,952 people** with advertisements on the Go-Line Buses regarding parent social hosting, using (Opioids) only as directed, and prevention messages on marijuana, vaping, and Most Teens Don't Talk. They Hear You Public Service Announcements received a reach of **87,237 impressions**.

Recovery Works! Treatment Programming



Here at SAC, we share the hope that recovery is possible! For adults who have substance use or co-occurring behavioral health disorders, we offer Licensed and Accredited Treatment and Recovery Support Programs regardless of ability to pay.

Recovery
Works!

Treatment
Programming



Steve was homeless and spent months in the hospital with liver failure. He was hopeless, knowing that to drink again would mean death. Yet, not knowing how to not drink again. Steve was given a new chance at life through our program and is alive, well, sober, and giving back to others today as a result of the services he received at SAC.

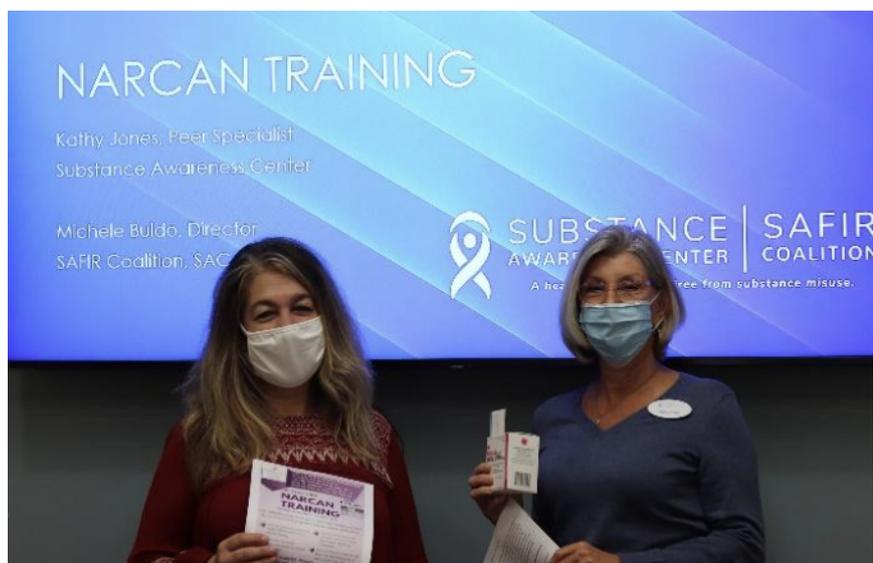
In 2021, we served **208 adults** in our treatment programs and provided safe housing and recovery support services to **20 adults** in our Recovery Assistance Program; all with a story of their own, just like Steve.

Our treatment and recovery support programs offer a whole-person approach to recovery seeking to identify and understand each individual's unique circumstances and needs.

95% of clients report being very confident in their ability to refuse drugs, including alcohol

87% of clients report that as a result of the treatment program they are very confident in their ability to manage uncomfortable emotions without resorting to substance use

Recovery Works! Narcan and Medication-Assisted Treatment



Recovery Works!

Narcan and Medication Assisted Treatment

Last year, overdose rates in Indian River County were up by over 70% last year from the previous year.

Narcan is the LIFESAVING overdose reversal medication. We trained **369 persons** in identifying signs of an overdose and how to use Narcan to SAVE A LIFE and **distributed 444 Narcan kits** free of charge. **49 lifesaving reversals** were reported back to us. Last year over **100,000 Americans** died due to an overdose. Overdose rates in Indian River County were up 40% last year.

“Kenny” shared that shortly after the Narcan training he arrived at his girlfriend's house and her son was overdosing. Thanks to the training, he knew what to do and how to use Narcan, saying, “that young man's life was saved!”

“Tom” shared his regret that Narcan was not accessible when his daughter overdosed and died. He is now raising his granddaughter who will never get to know her mother. He believes everyone should have access to Narcan to save a life!



FDA-approved medications are highly effective at reducing relapse rates and helping to save lives. We **educated 267 persons** on the availability and the effectiveness of Medication Assisted Treatment (MAT). We **screened 46 people** for MAT and **20 people who received MAT** who would not otherwise have access to the high-cost medication and medical services.

**Recovery
Works!**

**Narcan and
Medication
Assisted
Treatment**

“Angie” was referred to SAC from probation with decades of substance use, severe trauma, and significant mental health issues. In the beginning, she was uncertain about the program, but after experiencing SAC’s compassion and support, she took the risk to try Vivitrol. “Wow - my cravings were gone and my anxiety finally went down enough for me to work on issues I should have addressed a long time ago”. Angie remained on Vivitrol for over a year, as she recognized the value of extra support through several critical life stressors, through which she remained sober.

Drug Testing and Financials

Drug Testing

Drug testing supports both Prevention Works and Recovery Works. Drug-free workplaces and random testing for the criminal justice system, child welfare system, and even schools help to ensure health and safety in our workplaces, schools, and community. Random drug testing in treatment helps us with an objective measure of client progress, maintain accountability and safety, and celebrate successes. In 2021 our **lab served 1,062 people and processed 98,079 different assay tests.**



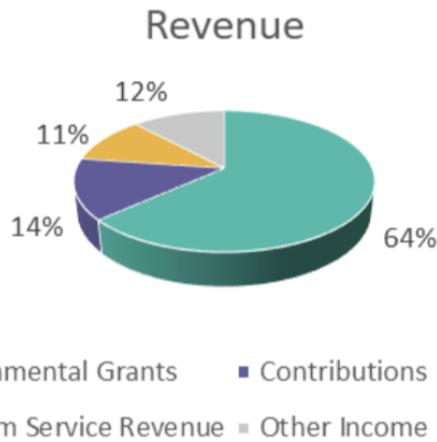
Financials

SAC strives to have diversified funding streams for all programs to help ensure financial stability. Each program has multiple funding sources, including Federal, State, Local, and County Grants as well as charitable donations.

Financials

Revenue

- **Governmental Grants** \$1,256,273
- **Contributions** \$271,597
- **Program Service Revenue** \$213,738
- **Other Income** \$230,214

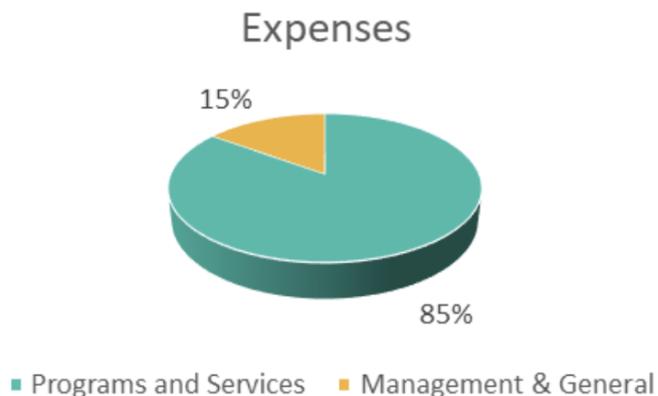


Year-end Financial Information

- **Total Revenue** \$1,971,822
- **Total Expenses** \$1,623,912
- **Net Assets at the Beginning of Year** \$753,163
- **Net Assets at the End of Year** \$1,101,073
- **Change in Net Assets** \$347,094

Functional Expense Breakdown

- **Programs and Services** \$1,388,322
- **Management & General** \$235,590



Due to COVID restrictions SAC opted to change the date of the Annual Freedom 5K run from July 2021 to October 2021. As a result, all revenue and expenses for the 5K fundraising event will be available in the Fiscal Year 21-22 Annual Report.



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